

## CANES NEW ENGLAND 16U OCTOBER 2024- MARCH 2025 FALL/ WINTER WORKOUT TRAINING SCHEDULE

Please bring a Metal Bat and/or Wood Bat for Workouts & wear Turf Sneaker or Molded Cleats.  
Notify your coach if you will not be able to attend a workout.

NEW ENGLAND PREMIER SPORTSPLEX 199 Newbury St, Danvers MA  
NEW ENGLAND PITCHING AND HITTING ACADEMY 58 Cummings Park, Woburn MA  
TRUM FIELD 541 Broadway, Somerville MA

Date	Training	Time	Location
October 12, 2024	Saturday	TEAM PRACTICE	11-1230PM TRUM FIELD, SOMERVILLE
October 19, 2024	Saturday	TEAM PRACTICE	11-1230PM TRUM FIELD, SOMERVILLE
October 26, 2024	Saturday	TEAM PRACTICE	11-1230PM TRUM FIELD, SOMERVILLE
November 7, 2024	Thursday	DROP IN HITTING	7-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
November 14, 2024	Thursday	DROP IN HITTING	7-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
November 21, 2024	Thursday	DROP IN HITTING	7-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
November 28, 2024	Thursday	<b>NO TRAINING!</b>	<b>HAPPY THANKSGIVING!!!!</b> <b>SEE YOU IN A WEEK!!!!</b>
December 1, 2024	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
December 5, 2024	Thursday	HITTING	8-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
December 8, 2024	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
December 12, 2024	Thursday	HITTING	8-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
December 15, 2024	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
December 19, 2024	Thursday	HITTING	8-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
December 22, 2024	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
December 26, 2024	Thursday	<b>NO TRAINING!</b>	<b>HAPPY HOLIDAYS!!</b> <b>SEE YOU SOON!!!!</b>
December 29, 2024	Sunday	<b>NO TRAINING!</b>	<b>HAPPY HOLIDAYS!!</b> <b>SEE YOU SOON!!!!</b>
January 2, 2025	Thursday	<b>NO TRAINING!</b>	<b>HAPPY HOLIDAYS!!</b> <b>SEE YOU SOON!!!!</b>
January 5, 2025	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
January 9, 2025	Thursday	HITTING	8-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
January 12, 2025	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
January 16, 2025	Thursday	HITTING	8-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
January 19, 2025	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
January 23, 2025	Thursday	HITTING	8-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
January 26, 2025	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
January 30, 2025	Thursday	HITTING	8-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
February 2, 2025	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
February 6, 2025	Thursday	HITTING	8-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
February 9, 2025	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
February 13, 2025	Thursday	HITTING	8-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
February 16, 2025	Sunday	<b>NO TRAINING!</b>	<b>HAVE A GREAT FEB VACATION!!</b> <b>SEE YOU SOON!!!!</b>
February 20, 2025	Thursday	<b>NO TRAINING!</b>	<b>HAVE A GREAT FEB VACATION!!</b> <b>SEE YOU SOON!!!!</b>
February 23, 2025	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
February 27, 2025	Thursday	HITTING	8-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
March 2, 2025	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
March 6, 2025	Thursday	HITTING	8-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
March 9, 2025	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX
March 13, 2025	Thursday	HITTING	8-9PM NEW ENGLAND PITCHING & HITTING ACADEMY
March 16, 2025	Sunday	TEAM PRACTICE	INFIELERS 945-11AM / OUTFIELDERS 11-12PM NEW ENGLAND PREMIER SPORTSPLEX